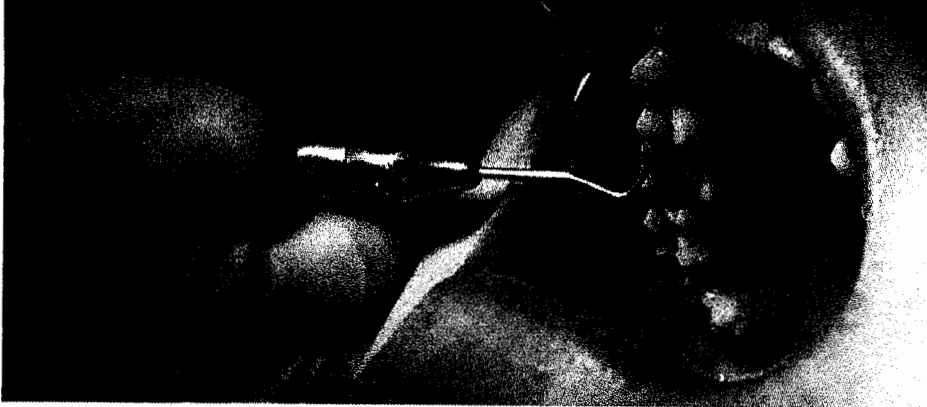


## MERCURY FILLINGS

### What's All the Fuss?



This book will answer your questions about Mercury filling.

For more information you can visit these websites:

[www.hugginsappliedhealing.com](http://www.hugginsappliedhealing.com)

[www.iaomt.org](http://www.iaomt.org)

[www.bramanti.org](http://www.bramanti.org)

## QUESTIONS ON YOUR MIND

1. Where did Mercury filling come from?
2. Why are Mercury (amalgam, silver) fillings used to repair decayed teeth?
3. What is wrong with using Mercury fillings?
4. What is good about Mercury fillings?
5. The three faces of Mercury.
6. Does science support Mercury harmfulness?
7. How do I know if my Mercury fillings are harming me?
8. What do I need to know before removing my Mercury fillings.
9. How do I choose the right team to remove my Mercury fillings?

### **What is good about Mercury fillings?**

Given the modern scientific advances in dentistry and new generations of filling materials, the only advantage of Mercury fillings today is they are cheap.

### **The Three Faces of Mercury.**

When Mercury leaks out of your fillings it can come out in three different forms. *Face #1*, it can come out as elemental Mercury (Hg<sup>+</sup>). When this form is inhaled or swallowed the primary targets are neurological damage, birth defects, optic nerve, nasal passage, lungs, red and white blood cells. *Face #2*, it can come out as ionic Mercury (Hg<sup>++</sup>). Ionic Mercury attacks peripheral nerves, liver, DNA, cell membranes, stomach, gastrointestinal tract, and red blood cells. *Face #3*, It can come out and immediately combine with a methyl ion to form methyl mercury (MeHg). Methyl mercury is one hundred times more toxic than elemental mercury. Methyl mercury has a great affinity for the brain, birth defects, neurological diseases, endocrine dysfunction, tremors, brain fog, and muscle weakness.

To summarize the damage that is caused by the three *Faces* of Mercury. Mercury damages almost all major body organs and systems.

### **Does science support Mercury harmfulness?**

There are hundreds of scientific articles to support the damages caused by Mercury. The scientific articles have been printed in numerous peer review journals. In 2009 the FDA conceded that there is now adequate scientific evidence to support claims of harm from Mercury fillings. Article citations are available upon request from my office.

### **How do I know if my Mercury fillings are harming me?**

The major problem with chronic low dosage exposure to Mercury is that it does not produce an obvious medical illness. The other problem with chronic low dosage exposure to Mercury is that the Mercury attaches and kills cell from so many body systems.

Here is what is known for certain. Mercury has no known use in the human body! It is toxic to every living cell in the human body! So, if you are looking for a medical test that tells you whether or not Mercury is harmful to you, there is no such test. What is required on your part is an understanding that Mercury in any form is harmful to human beings.

### **What do I need to know before removing my Mercury fillings?**

First, be clear why you want them removed. Are you concerned about esthetics or are there overriding health concerns? Second, choose the right dentist who follows a recognized protocol during Mercury removal. A safe protocol which we employ includes: a negative ion generator, use of vitamin C, charcoal tablets, electrical testing, rubber dam, high vacuum suction, nutritional support and appropriate filling material determined by a blood compatibility test, and attention to your immune cycle. Our office is committed *your safety*.

~~remove my~~

*our*

## Common Problems

My office participated in the following report issued by Bio-Probe  
~~Newsletter. I found it very interesting, I hope you do also.~~

~~Check out my website for the complete chart.~~

~~www.rigarabediandds.com~~

% of Total Reporting	Symptom	Number Reporting	No. Improved or Cured	% of Cure or Improvement
14%	Allergy	221	196	89%
5%	Anxiety	86	80	93%
5%	Bad Temper	81	68	89%
6%	Bloating	88	70	88%
5%	Chest Pains	79	69	87%
22%	Depression	347	315	91%
22%	Dizziness	343	301	88%
45%	Fatigue	705	603	86%
15%	Gastrointestinal Problems	231	192	83%
8%	Gum Problems	129	121	94%
34%	Headaches	531	460	87%
3%	Migraine Headaches	45	39	87%
10%	Irregular Heartbeat	159	139	87%
8%	Irritability	132	119	90%
17%	Lack of Concentration	270	216	80%
6%	Lack of Energy	91	88	97%
17%	Metallic Taste	260	247	95%
8%	Muscle Tremor	126	104	83%
10%	Nervousness	158	131	83%
12%	Ulcers & Sores in Oral Cavity	189	162	86%

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